

Homeless In Kitsap

January 1
through
February 29, 2012

The voice of and for
the homeless in Kitsap County

Sally's Camp 2 Opens!



SC2, a shelter for whole families and couples that are without a home, opened up on Dec. 23, 2011, at 810 Sixth St., "The Cary Place", in downtown Bremerton.

Located in the same block as The Salvation Army (TSA), operator of the shelter, it is within walking distance to breakfast (8 am to 8:45 am) and lunch (Noon to 12:45 pm) which is served at TSA week-days. Its address is 832 Sixth St.

It is run 24/7 by paid staff and should run through June.

If you are in need of shelter, contact a Family Resource Specialist at Kitsap Community Resources, 1201 Park Ave. in Bremerton, or call (360) 377-0053. *There is no intake at the shelter - only through KCR.*



PROJECT CONNECT

"Helping Individuals
And Families in Crisis"

Providing services and
information that can help make your life better.

DATE: **Wednesday, January 25, 2012**
WHERE: **Sheridan Park Community Center**
680 Lebo Blvd. in E. Bremerton
TIME: **10 a.m. to 3 p.m.**

What will you find?

- *Shelter and housing information
- *WIC Services *Energy Assistance
- *Substance abuse assistance
- *Outdoor gear *Bus tokens *Hygiene kits
- *Child care resource & referral *Head Start
- *Coats/winter outerwear *Vision screening
- *Veteran services *Legal services
- *Haircuts *Mental health services
- *Diapers/baby supplies *Immunizations
- *Senior Information & Assistance *Eyeglasses
- *Crime Victim Advocacy *Chair Massages
- *DSHS Mobile CSO *HIV/AIDS Screening
- *Foster Care Transition *Youth services
- *Business & Entrepreneurial Services

~ Free Hot Lunch ~

Project Connect is sponsored by



A.Y. Petter Family Advised
Fund at the Kitsap Community
Foundation



You May Qualify For
**HOUSING and
ESSENTIAL
NEEDS**
Assistance.

If you are a former
Disability Lifeline-
Unemployable client, it could help you with
housing utilities, hygiene and household
cleaning items, bus passes and tokens, and
other items.

TO SEE IF YOU QUALIFY

Call 1-855-300-5207

Or stop by the office at:

545 4th Ave. in Bremerton between
9 am to noon, and 1 to 3 pm



Violence Against Women Act And the Fair Housing Act

From the U.S. Dept. of Housing and Urban Development:

“Survivors of domestic violence often face housing discrimination because of their history or the acts of their abusers. Congress has acknowledged that “[w]omen and families across the country are being discriminated against, denied access to, and even evicted from public and subsidized housing because of their status as victims of domestic violence. Housing authorities and landlords evict victims under zero-tolerance crime policies, citing the violence of a household member, guest, or other person under the victim’s “control.” Victims are often evicted after repeated calls to the police for domestic violence incidents because of allegations of disturbance to other tenants. Victims are also evicted because of property damage caused by their abusers. In many of these cases, adverse housing action punishes victims for the violence inflicted upon them. This ‘double victimization’ is unfair and...may be illegal.”

If you feel you may have experienced this, or have any questions regarding it, contact Jackie Brown at the YWCA, 360-479-5118

**YWCA 24 - HOUR
CRISIS LINE:
1-800-500-5513**

**Your children CANNOT
be taken away from you
just because
you're homeless
per
WAC 388-15-009
(5)(a)**

SUPER SATURDAY !!

Get your finances and future in order and start 2012 off on the right foot, working towards a better life for yourself and your family by taking advantage of the opportunities here. Representatives from many community resources will be here to help you!



- FREE CREDIT REPORTS AVAILABLE
 - FREE TAX PREPARATION
 - EARNED INCOME TAX CREDIT
 - FREE FOOD AND DOOR PRIZES
 - FINANCIAL AID FOR COLLEGE
- LOW-INCOME HOME OWNERSHIP PROGRAMS
 - STARTING A NEW BUSINESS
 - BANKING SERVICES

What To Bring

- Social Security card for each person on the tax return
 - Photo identification
 - All 2011 tax documents, statements for all sources of income
 - Copy of last year's tax return
- Bank account and routing number for direct deposit (if applicable)
- Childcare provider name, address, tax ID number (if applicable)

DATE: **Saturday, February 11, 2012**
 TIME: **10 am to 2 pm**
 PLACE: **Kitsap Community Resources
845 8th St.
Bremerton
(360) 478-2301**

The 2012 Kitsap **POINT IN TIME COUNT** will take place on **THURSDAY, JANUARY 26**, with a count being done at PROJECT CONNECT as well on **WEDNESDAY, JANUARY 25** (see cover article).

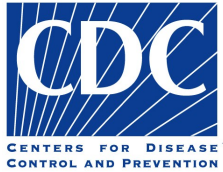
Volunteers will be gathering data from people at different sites at different times in order to better understand what the needs are of those who are without a home.



HOMELESS KITSAP VETERANS!

Contact Transitional Housing for Homeless Vets and Service Center, 1141 Beach Dr., Bldg. 9 at Retsil in Port Orchard. Call (360) 895-4394 for details on housing and other benefits.

The “Homeless In Kitsap” newsletter is written and edited by Sally Santana (sally.santana@wavecable.com) bi-monthly and is reviewed, produced and distributed by Major Jim Baker of The Salvation Army. Send info and updates to Sally.



Are you at risk for hypothermia?

Hypothermia is defined by the CDC as when core body temperature is 95 F or below. **Keep a body thermometer with you in an easily accessible spot like a zipper pouch in a backpack or glove compartment of a vehicle.**

“Hypothermia is most likely at very cold temperatures, but it can occur even at cool temperatures (above 40 F) if a person becomes chilled from rain, sweat, or submersion in cold water.” **WIND CHILL is also a factor. If its 40F outside and you have 10 mph wind, the effect on your body is 32F (weather.com)**

“Victims of hypothermia are often (1) elderly people with inadequate food, clothing or heating; (2) babies sleeping in cold rooms; (3) **people who remain outdoors for long periods - the homeless, hikers, hunters, etc.** and (4) people who drink alcohol or use illicit drugs.

Recognizing Hypothermia

Warning signs of hypothermia in adults:

- Shivering/exhaustion
- Confusion, fumbling hands
- Memory loss, slurred speech
- Drowsiness

Warning signs of hypothermia in infants:

- Bright red, cold skin
- Very low energy

If you notice any of these signs, take the person's temperature. If it is below 95°F the situation is an emergency - get medical attention immediately!

During cold weather you should:

- Wear layers of loose-fitting, lightweight, warm clothing. Trapped air between layers will insulate you. Outer garments should be tightly woven, water repellant, and hooded.
- Wear a hat because 40% of your body heat can be lost from your head.
- Cover your mouth to protect your lungs from extreme cold.
- Mittens, snug at the wrist, are better than gloves.
- Try to stay dry and out of the wind.

A person with severe hypothermia may be unconscious and may not seem to have a pulse or to be breathing. In this case, handle the victim gently and call 9-1-1 immediately.

Late last year, Pastor Art Speight found a man frozen cold on a Kitsap Transit bench by the Safeway on Callow in Bremerton around 5 a.m.. He called 9-1-1. Please don't hesitate to get involved and make the call!!! You could save a life.

Need Help With PRESCRIPTION ASSISTANCE?

Check out the Partnership for
Prescription Assistance.

To see if you are eligible
go to:

www.pparx.org or call
1-888-477-2669



DO YOU NEED A CELL PHONE?

You may need to make an emergency call (see above). Or you're trying to connect with an employer, doctor or therapist, day care, school, housing or food bank, family.

If so, there are free phones and minutes available to you if you meet low-income criteria. Call Assurance (one type of program) at 1-888-898-4888 to see if you qualify.



PROTECT INFANTS DURING THE WINTER

“Infants less than one year old should never sleep in a cold room because they lose body heat more easily than adults. Unlike adults, infants are unable to make enough body heat by shivering.”
CDC

**ARE YOU AN
ADULT IN NEED
OF
EMERGENCY
SHELTER?
Call (360) 337-
4625.**

Kitsap Recovery Center has 6 beds available and you don't have to be in recovery to get one.

**CALL
2-1-1**
Or toll free
**1-877-
211-9274**
if you need
help finding
services like
medical, legal,
housing and
financial.

~
**Call
Crisis Clinic
of the
Peninsulas
at (360)
479-3033**
if you need
emotional
support.

**Necesita ayuda
con el Ingles?
Llame al Centro
de Asistencia
para
inmigrantes al
(360) 440-2376**

If you are a homeless
SINGLE WOMAN
without children,
needing a safe car
park there is one in
Poulsbo. Call Rae
Rodriguez at
(360) 779-5190 or
stop by North Kitsap
Fishline, 18916 Third
Ave. NE in Poulsbo.

My voice

A column from
our citizens without a home



My name is Patrick . I was born in Portland Oregon and moved to mason county were I spent most of my childhood. I had a home at one time and my parents never got along. There was a lot of alcohol and drug abuse in my house witch inevitably lead to a lot of physical and verbal abuse.

By the time I was 8 years old I started experimenting with alcohol and marijuana so I learned to run from pretty much the very beginning I just didn't want to be home. Being anywhere but there was getting difficult because my house hold was not healthy by any means and I was terrified of being there. So by the time I was 9 years old I was using alcohol and marijuana on a daily basis to escape my reality so I didn't have to be around my parents, the physical and verbal abuse, and their fighting with each other. By the time I was 11 years old I ran away for the first time this would be officially the first time I became homeless. I really thought that being homeless was better than living with my mom and dad the way things were. Eventually the cops would find me and bring me back home. The next time I ran away was when I was like 13 went to my aunt's house where I could smoke marijuana and stuff and not be bothered and especially not be around my parents. That time my mom found me sent the cops down to bring me home. After that I was 17 and ran away to my grandpas house trying to get away from my mom and again she came down with the king county cops and made me come home. After that I finally turned 18 and moved to Bremerton where I lived with my mom for a little bit but that didn't last long. I eventually left walking the streets most nights getting drunk and high to keep my mind off where my life was at, and the alcohol kept me warm, in my mind at least, or at least numb enough not to be so cold. Eventually I moved in with some friends working through labor ready finding out that money just gave me more of an excuse to do more and more drugs and alcohol. For some reason I just couldn't stop running from everything. Nothing seemed to be ok for some reason to me it was like I just couldn't handle reality eventually I got kicked out of my friend's house because I wasn't paying rent instead I was spending my money on alcohol and lots of drugs. Soon I learned how to start manufacturing methamphetamine out of my mother's basement; she found out and kicked me out this time. So I was homeless once again running the streets, selling and making meth while I used it along with other drugs including heroin, crack, marijuana, alcohol so excessively that most the time it seemed like I was in a black out constantly and after that few years later manufacturing meth became too much and I just sold and used it as well as other drugs so much that eventually I was robbing house's, people and shoplifting to support my habit.

Somehow it turned from being fun to keep from being sick, not shake, and throw up. It went that way for years tell finally I got so bad I couldn't take it any more so I checked into detox at KRC and after 6 days in detox they helped me start inpatient. For 30 days of that I still was looking at being homeless so they helped me get into their guest program and I became very involved in the KRC alumni group. Now I am the co-chair of alumni. I Have 92 days clean and sober, I am about to move into agape housing and learning to be a productive citizen of society. I am grateful for everything KRC has done for me. thank you guys I will never forget what you guys have done for my life it means everything to me and I will n ever let it go thank you.



Kitsap Recovery Center
